

National Relay Service for deaf,
hearing and speech impaired:
Phone: 1800 052 222

Speech to Speech Relay:
Phone: 1800 555 660

Translating and interpreting:
Phone: 131 450

For further information contact
Holdsworth Community Centre
& Services

Phone: 02 9302 3600

email: info@holdsworth.org.au

Holdsworth welcomes enquiries about
supporting our work through donations or
volunteering.

Supported by:



Living with disabilities



home and community care

A JOINT COMMONWEALTH AND STATE/TERRITORY PROGRAM
PROVIDING FUNDING AND ASSISTANCE FOR AUSTRALIANS IN NEED



Holdsworth Community Centre
64 Holdsworth Street,
Woollahra NSW 2025
Ph: 02 9302 3600
www.holdsworth.org.au



Disability Services

At Holdsworth we believe that living with disabilities can mean living with possibilities.

Our team provides a variety of recreation and respite programs for people with intellectual disabilities and their carers. Through active peer support, community integration and hands-on skill, our team encourages self-awareness, skill development, independence and the building of friendships, social networks and participation.

Adult Disability Services

The adult program is for anyone who has a mild to moderate intellectual disability, 18 to 65 and lives with their primary carer in the Woollahra, Waverley, Randwick, Botany and Sydney City Local Government Areas.

We offer a range of group activities that allow people to participate in recreational activities and make new friends.

These include

- Beach club
- Saturday Gang

Specialised program activities include:

- Bowling
- Gym
- Art classes
- Camp

Children's Disability Services

This program is for anyone who is under 18 with a mild to moderate intellectual disability who lives with their primary carer in the Woollahra, Waverley, Randwick, Botany and Sydney City Local Government Areas.

We provide:

- Information and referral
- Recreational & respite programs
- School holiday activities
- Weekend group activities

Other services

1:1 Links - A service for people with higher support needs, with respite in the community and/or in the client's home focusing on age appropriate recreational activities.

How to become part of Holdsworth

The program coordinator will arrange a meeting with you to discuss the services, your child's needs and yours as a carer prior to commencing with the service. Priority will be given to those who have no or little access to other services.

The Centre also provides programs for young children and community transport services (see separate brochures).

Holdsworth welcomes diversity and does not discriminate against anyone on any grounds. For many of our services we ask for a contribution towards our costs; however, services will never be refused because of an inability to pay.

If you are not eligible for a service offered by Holdsworth, or need services that we do not provide, we can assist in referral to other services in Eastern Sydney.

For further information, or to discuss what services might be right for you or your family member or friend, contact the Disability Services Co-ordinator on 9302 3600.

