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**Please contact us on 9302
3600 if you would like us
to send you Calendar of
Events for this quarter.**



A Message from Maya and the Seniors Services Team

I am back from Europe to a very buzzing and exciting time! We are very busy here with the start of our new programs in the new year. On behalf of the team, I would like to wish you all a happy holiday season and we look forward to seeing you in the New Year of 2011!

Club Holdsworth

New funding has allowed us to launch several new programs for clients who live in the eastern suburbs, some of which come under the banner of Club Holdsworth. These programs are open to people who have Memory Loss. Programs will run from Tuesday to Saturday and will include short bus outings and centre based activities.

Bus Outings for Randwick, Waverley and other parts....

Thanks to extra funding, we will be opening additional weekly bus outings on Mondays and Thursdays for residents of Waverley, Randwick, Sydney and Botany only. Ring us for more information.

New Dates for Existing Programs Next Year

Music Appreciation, 1st & 3rd Friday of each month, 1pm-3pm at Holdsworth. Low Vision Friendship Group, 2nd Friday of each month.

Summertime 2011

What summer delights we have planned for you! A cruise on the Hawkesbury, and of course, our monthly fine dining. And our next Red Carpet Event will be 'Arabian Nights', so dust off your magic carpets!

Feedback welcome

Please continue to let us know what you think of our services.

Left: Wilfrid and Glen crossing Parsley Bay Suspension Bridge; Val, Evelyn and Alice surveying the Dunbar's anchor at Watsons Bay; Dorothy, Lian, Yumna, Evelyn, Carmel and Eric enjoy the sights of beautiful Watsons Bay and surrounds.



Join the Club!

Holdsworth has new funding and is expanding its services via a new program aptly named, Club Holdsworth. The Club will run from Tuesdays through Saturdays and is designed for those people who are living with memory loss.

Club activities are designed to develop, maintain and support people's capacity for independence and social interaction, but most of all it is for people to enjoy themselves. It also includes group excursions/activities held away from the centre. If you know of someone who may be interested in Club Holdsworth, please ring 9302 3600 and speak to the Club Coordinator Jonathan Rhodes.



Extra Bus Outings!

We also have funding for extra bus outings specifically for people in the Waverley, Randwick, Sydney and Botany local areas. If you know of someone that lives in these areas who would like to join us on a bus outing, please ring Valerie on 9302 3600.

Next Quarter Music Club Events

Now every 1st & 3rd Friday of each month
1pm to 3pm at Holdsworth

4th Feb - (at Holdsworth)

Tchaikovsky's Sleeping Beauty – Ballet on ice performed by The Russian All Stars, on our big screen.

18th Feb - (at Holdsworth)

Puccini's Madame Butterfly featuring Luciano Pavarotti and the Vienna Philharmonic Orchestra for your listening pleasure.

4th Mar - (at Holdsworth)

"There's more than one way to play the piano"

Explore a wide range of piano styles with Eric Scott as he brings us cool jazz, boogie woogie, blues, sonatas, romantic airs and concertos.

18th Mar - (at Holdsworth)

History of Broadway Part 1 - A documentary showcasing the razzle dazzle of this American art form, on our big screen

Spot the Difference!

We would like to welcome our resident Paul Newman lookalike, Jonathan, to our Team of dedicated Seniors Services staff members. Amongst other duties, Jonathan will be running our new Club Holdsworth programs. Can you spot the difference? We are convinced he is a dead ringer!



Sizzling Summer Movies

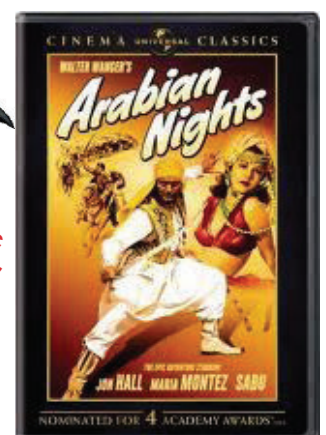
Escape the heat this summer with a movie.... at Holdsworth Centre!

Starting Time of 1pm to 3pm on the 2nd and 4th Wednesday of each month. Our upcoming selections include:

9th Feb	<i>Road to Bali</i> (1952) - Bing Crosby, Bob Hope
23rd Feb	<i>Notorious</i> (1946) - Ingrid Bergman, Cary Grant
9th Mar	<i>Casino Royale</i> (1966) - David Niven, Peter Sellers
23rd Mar	"Arabian Nights" (1942) Sabu, Maria Montez Red Carpet Event



Hop on your magic carpet and fly to our premier event of Arabian Nights



Pink Monday

Thanks to our Discussion Group members who attended a special Pink Morning Tea. We heard from people who had experienced the diagnosis of cancer, including some of our members, all of whom are truly inspirational. Morning Tea was provided by our special pastry benefactors, Bakers Delight, who have been donating delicious pastries to us for many years. Through your efforts, we raised over \$160 for the Breast Cancer Foundation and \$35 for Prostate Cancer Charities. Thank you to our caring and supportive Discussion Group.



Above : Vera, Eve, Judy, Audrey, Judy, Evan and Norman enjoy our Pink Morning Tea.

Street Cats!

In November, our street cats braved the Manly foreshores for a serve of Ribs and Rumps along with a panoramic view of the Pacific. Hannibals was the venue for our October night jaunt. Traditional Lebanese cuisine was followed by bellydancing entertainment at this iconic Sydney eatery.



Left : Jaimie heads up the table with Peg, at Manly's Ribs and Rumps; Right: Vera, Betty, Colleen, Irena, Constance and Barry, volunteers, Bruce and Helen enjoy Hannibals authentic ambience.



Exploring our Regional Beauty



Our September Discovery Tour ventured west to the mountains to enjoy a day at the newly refurbished Braes Gardens. Those brave enough to navigate the pathways saw the magnificent gardens in spring bloom. The upmarket Silks Brasserie provided a delicious luncheon for our group after a quick stroll around Leura



township. The October Discovery crowd were greeted with sunshine and a relaxing cruise around the waters of Palm Beach. Lunch was on the beachside at Dunes Restaurant where our group enjoyed Dune's famous lemon/lime tart.



Above Left: Colin and Betty enjoy a decadent lunch at Silks. Above Right: Our Discovery Group at the Braes Gardens in Leura; Below Left: Lesley, Robert and John, volunteers Craig and Pat, enjoy the sunshine on the Hawkesbury Ferry; Below Right: Margaret, Marjorie and Pat check out the view from the aft deck .



Forthcoming Discovery Tours – (Day Program) - Local pick ups only!

Friday 28th Jan – Berried Treasures

Visit the picturesque surrounds of the Southern Highlands. Montrose Farm is a working berry farm growing blueberries, raspberries and many more varieties of soft fruit. An historic homestead, beautifully restored, is the backdrop for our visit. Morning tea, lunch, a horticultural talk by the resident owner, together with berries to buy! **Licensed. Price \$55.00**



Friday 25th Feb – Seven Islands



Enjoy this tranquil Seven Islands cruise on the Hawkesbury waterways. Cruise by seven beautiful islands and explore the shipwreck of the HMAS Parramatta. See settlements and view spectacular sandstone cliffs. Enjoy morning tea, with traditional Anzac biscuits, and a fish & chips luncheon onboard, together with coffee. **Licensed. Price \$55.00**

Friday 25th Mar – Berrilicious

Join us for a trip to the scenic town of Berry. Visit the magnificent home of our gracious volunteer, Hania. Enjoy morning tea, stories of ghosts and other historical tidbits. Lunch in the town of Berry at the historic Berry Hotel, followed by free time to peruse the shops for local produce. **Licensed. Price \$55.00**



Forthcoming Saturday Fever Tours – (Night Program) - Door to Door Service!

Saturday 8th Jan – Sicilian Sensation



The Sicilian restaurant is popular for its authentic Italian cuisine and large portion sizes. Its large, open style and warm atmosphere attracts lovers of the flavours and dishes that make up the Italian cuisine. The Sicilian Restaurant brings all the warmth and earthy provincial charm of Sicily and Italian dining to you in downtown Parramatta. **Licensed. Price \$60.00**

Saturday 12th Feb – Chinese New Year In Manly

Celebrate the Year of the Rabbit at the Phoenix, situated in the heart of Manly's nightlife. On the wharf we will enjoy the view over the harbour from our window table and feast on a traditional Chinese banquet to celebrate Chinese New Year. Enjoy Peking Duck with pancakes, prawns and calamari, crispy skin chicken along with favourites such as special fried rice and mango pudding. **Licensed. Price \$60.00**



Saturday 12th Mar – La Mint Magnificence



Traditional French Vietnamese cooking will tantalize your tastebuds. This is a food experience not to be missed. In the trendy inner city Darlinghurst area we will be tempted by a banquet of such exquisite delicacies as Banana Flower Chicken, melt in your mouth Shaking Eye Fillet with Snake Beans and the mouth watering Pave de Pork. This cuisine is truly a unique tasting sensation. **Licensed. Price \$60.00**

Spaces are limited. Please book by calling Seniors Services on 9302 3600.

Booking Conditions



- **Active & Independent seniors.**
- **Telephone bookings together with payment please.**
- **Payment in person, post or by eftpos to secure your spot - by due date please.**
- **Attach your booking form together with your payment.**
- **No more than 4 bookings will be accepted by one person at any one time.**
- **No refunds for cancellation on the day or with less than 48 hours notice.**