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**Please contact us on 9302
3600 if you would like us
to send you Calendar of
Events for this quarter.**



A Message from Maya and the Aged Services Team

Once again we have had a bumper quarter of interesting and cultural activities - sunset dinner at Danny's Seafood restaurant, Mananga Homestead, winetasting and local foods presented on an international theme at the Centennial Vineyards, Japanese Gardens, Chinese Gardens and Chinese New Year celebrations.

More fun to come... Seniors Week 2010

And as usual, it doesn't stop there. Stay tuned for a series of multi-cultural events as we celebrate Holdsworth's Year of Diversity 2010. Enclosed are details of some of our upcoming outings. Don't forget our Seniors Week Events - "When Hollywood meets Bollywood" on 24th March and our famous Tea Party-cum-Brunch on the 26th at the picturesque Woollahra Golf Club.

Booking and payment policy

We would like to remind clients of our policies regarding bookings and payments. Thursday's Cheap and Cheerful clients must ring and book in advance. Please note that priority is given to Woollahra LGA residents. With regard to our Saturday Fever program, unfortunately, we have found it necessary to increase the cost by a small amount. Our team works very hard to bring you exciting dining venues for very reasonable prices, however, we fight a losing battle with the increases in prices. Please don't hesitate to call us if you have any questions.

Feedback welcome

Please continue to let us know what you think of our services and programs and offer your suggestions for future outings. no matter how adventurous – we are up for the challenge!



Left: Wednesday Club celebrates the holiday season. Middle: Tuesday Bus Outing Group visits the Chinese Friendship Gardens. Right: Maya and the elves were out at our December movie matinee.



Tuesday and Wednesday Bus Outings - Your Day Out!

Our Weekly Bus Outing program for Tuesdays and Wednesdays has been running for many years and is still a popular day for all our clients. We provide a door to door service on these days and as such, these outings are invaluable to our frail clients who would otherwise be unable to get out and about. These trips have less walking and are designed for clients who no longer drive and may need a mobility aid such as a walking frame. Some sights visited this year have included Narrabeen Lakes and Homebush Bicentennial Park. Sydney's famous Chinatown hosted our Chinese New Year celebrations. Clients saw the vibrant colours of red and gold that are synonymous with the Chinese tradition of New Year. Many fabulous outings await with tours of Palm Beach, Leichhardt, Botany Bay and whale watching. We look forward to welcoming you on a day out with our caring staff!



Left: Tuesday Bus Group visiting the Botanical Gardens; Right: Wednesday Bus Group enjoy a fun day in the famous Ettamogah Pub.



Upcoming Music Club Events for 2010

2nd & 4th Thursday - 1pm to 3pm

March 25th (at Burger Centre, Randwick)

Celebrate Seniors Week with our friends at Burger Centre who have invited us to celebrate Australian/Jewish music and culture. Food and refreshments will be provided.

April 8th (at Holdsworth)

Special performance by Andrew Lubowski

April 22nd (at Holdsworth)

Special presentation by Andrea Szanto - Hungarian Music

May 13th (at Holdsworth)

La Boheme Opera on the big screen with a short discussion afterwards.

May 27th (at Holdsworth)

BYO "Your Choice of Music" Session

June 10th (at Holdsworth)

Brahms Violin concerto in D Major - video and discussion

June 24th (at Holdsworth)

Music of the World Part 2 presented by Eric Scott

Sharing Culture & Music

One of our star volunteers ZarNi recently shared his personal experiences of Burmese culture and music with our Music Appreciation group. The session explored traditional, folk and modern music. Our talented ZarNi also played the guitar and sang Burmese ballads. Well done ZarNi!



Movie Greats for Autumn

Escape with a movie.... at Holdsworth Street!

Starting Time of 1pm to 3pm on the 2nd and 4th Wednesday of each month. Our upcoming selections include:

- | | |
|----------|---|
| 14 April | <i>Oklahoma!</i> (1955) - Gordon MacRae, Gloria Grahame |
| 28 April | <i>Strictly Ballroom</i> (1992) - Paul Mecurio, Tara Morice |
| 12 May | <i>How to Steal a Million</i> (1966) - Audrey Hepburn, Peter O'Toole |
| 26 May | <i>Bringing Up Baby</i> (1933) - Katherine Hepburn, Cary Grant |
| 9th June | <i>The Adventures of Robin Hood</i> (1938) - Errol Flynn, Olivia de Havilland |
| 23 June | <i>Some Like it Hot!</i> (1959) - Marilyn Monroe, Tony Curtis
"Marilyn Red Carpet Event" |

Get your wigs and high heels out for our special Marilyn Red Carpet Event Prizes for the best Marilyn impersonation



Rockin at the Rocks

A great night was had by all at the famous Caminetto's at the Rocks. This unique courtyard restaurant played host to our night owls who dined on classic Italian cuisine and traditional pastas, complete with a courtyard display of roving minstrels. We had a wander through the moonlit markets and saw some beautiful crafts and jewellery. Join us for our exciting program next quarter which will include a private and exclusive dinner at one of Australia's premier Golf Clubs.



Top : Our night owls enjoying an Italian serenade at the Rocks.

Everlasting Gratitude to our Volunteers!

We can never thank enough our dedicated Volunteers who help in streamlining our daily operations with their wide and varied expertise and tireless efforts. It would be very difficult for us to continue with our programs, events and outings without the generous donation of their time. We would like to acknowledge the invaluable job that our volunteers do and the impact that it has on the Centre and its day to day running. And thanks to Jonathan for recruiting so many of them!

Below, Left to Right: Discovery Tour to Mananga Homestead; Wednesday Bus Outing on a picnic; Saturday Fever at Danny's Seafood in La Perouse

Right: Mark having a well deserved break



When Hollywood meets Bollywood

FREE EVENT

Bride & Prejudice

A Bollywood remake of the classic Jane Austin's 'Pride & Prejudice'

Bollywood entertainment
Refreshments & yummy finger food
Come dressed up in Bling!
Prizes for best dressed

Wednesday 24th March
12pm to 3pm

at Waverley Seniors Centre
Mill Hill Centre, Ground Floor
31-33 Spring St. Bondi Junction

RSVP
Sarah at Holdsworth on 9302 3600
or Antoniette at Waverley Seniors on
9386 7900 before
Monday 22nd March 2010

* Transport Available



'Celebrating
Seniors Week
and Harmony Day'

Supported by:



Please come and support YOUR local Community Centre,
at our annual Senior's Week event

Holdsworth's Tea Party - cum Brunch

at Woollahra Golf Club
O'Sullivan Road, Rose Bay

Friday 26th March 2010
11.30am to 1.00 pm

Enjoy a sandwich, scone,
muffin and a cup of tea or coffee
with
entertainment by
The Woollahra Philharmonia
performers Q'Trio
and special guest performer
Harpist, Marjorie Maydwell

Enter our Raffles for great
prizes on the day

Transport available for
Woollahra LGA residents only



For more information & payment
please contact
Holdsworth's Aged Services Team
on 9302 3600 by 19th March

Tickets \$5.00 per person
inc Transport

Holdsworth
'Heart of Woollahra'



Forthcoming Discovery Tours – (Day Program) - Local pick ups only!

Friday 30th April – Sydney Showcase

Join the famous Vagabond Cruises for a cruise on Sydney Harbour. Whilst aboard, tuck into a sumptuous seafood and carvery buffet meal. Afterwards, enjoy a trackless train tour of Sydney's iconic Botanical Gardens. To finish off our day, enjoy a stroll along the harbour foreshores promenade or grab a coffee (own expense) before we head for home. Licensed. **Price \$55.00**



Friday 28th May – Wollondilly Harvest



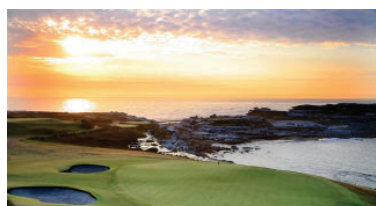
Visit the Langdale Olive Farm and Rose Garden for a guided tour together with morning tea. Learn about the process of making their Oliveglow skincare range using traditional recipes. We then head off for an old fashioned roast turkey luncheon at the famous and historic Camden Valley Inn. On the way home, if time permits, we visit the Ambrosia Olive Farm and meet Stavros, the local olive farmer. Licensed. **Price \$55.00**

Friday 25th June – Buddhist Retreat

Join us for an informative day out at the Nan Tien Temple in the lovely coastal town of Unanderra. Enjoy this traditional Buddhist experience and try the ancient art of origami. Legendary buffet luncheon at West's Leagues Club in Unanderra. Time permitting, we will journey back to Sydney via the famous Grand Pacific Drive. Licensed. **Price \$55.00**



Forthcoming Saturday Fever Tours – (Night Program) - Door to Door Service!

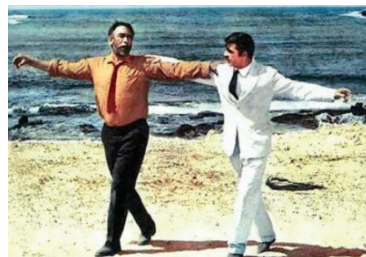


Saturday, 10th April – Sunset over Botany Bay

The NSW Golf Club will be opening exclusively for Holdsworth clients on this special Saturday night. Join us for a private and elegant function. A gourmet dinner with dessert and coffee, together with the most spectacular sunset that Sydney has to offer. Please note that a dress code applies, strictly no denim jeans, or T shirts. Licensed. **Price \$60.00**

Saturday, 8th May – Al Mustafa

Visit this classic Lebanese restaurant in the trendy inner city suburb of Glebe. Eating here is a bit like having dinner at your mad bohemian aunt's house - a jumble of furniture, pot plants, and outside, a rainbow coloured wall mural. Full banquet menu complete with coffee and sweets. We finish the evening off with some lively bellydancing entertainment. Licensed. **Price \$60.00**



Saturday, 12th June – AESOPS

Back by popular demand. Join us for a fabulous night of legendary Greek hospitality. Experience why people think this is the best Greek restaurant in Sydney. Enjoy the finest in traditional Greek and mediterranean cuisine. Be warned to expect to dance the Zorba, sing along to many favourites, smash plates and lose yourself in the European atmosphere of this famous restaurant. Licensed. **Price \$60.00**

Booking Conditions



- **Active & Independent seniors.**
- **Telephone bookings together with payment please.**
- **Payment in person, post or by eftpos to secure your spot - by due date please.**
- **Attach your booking form together with your payment.**
- **No more than 4 bookings will be accepted by one person at any one time.**
- **No refunds for cancellation on the day or with less than 48 hours notice.**