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Please contact us on 9302
3600 if you would like us
to send you Calendar of
Events for this quarter.

Four Seasons

Seniors News

A Message from Maya and the Aged Services Team

Well, what a year we've had – whip cracking, sheep shearing, flamenco and zorba dancing and red carpet movie events. We have feasted on foods from the four corners of the world, we have been from royalty rooms to tea rooms, mountain lookouts to fragrant gardens, and it doesn't stop here!

More fun to come...

We will kick off the next year with a Friday Fever, yes, a Friday Fever in the Rocks and enjoy cucina Italiana and hospitality at its best. By popular demand we will visit more historic homesteads and wander through more exquisite gardens (see back page for details).

Seniors Week 2010

An array of dazzling events is planned for Seniors Week including a spectacular Bollywood presentation and your old favourite get together – a tea party-cum-brunch.

Feedback welcomed

Your feedback and suggestions are always welcomed. Please continue to let us know what you think of our services and programs and offer your suggestions for future outings, no matter how adventurous – we are up for the challenge!

Happy New Year!

The jingle bells will soon be ringing and the fireworks will bring in another year. Please stay safe and well this festive season and have a very Happy New Year!



Left: Joan, Marjorie and Lorette at Leura, Joan, Winifred and Christina, Mark (Vol), Shirley and Edward at the Melbourne Cup Luncheon.



Cute Alert!

“So cute”, “too cute”, “very cute” was the response from our group as they watched on as baby elephant Luk Chai played amongst the other elephants at Taronga Zoo, nudging them, tackling rubber tyres and running about backwards. Luk Chai brought us such delight, we may just have to schedule another trip to the zoo.



Above: Baby Elephant Luk Chai entertains our troops at Taronga Zoo.

Cheap and Cheerful Outings 2010

Cheap and Cheerful's 2010 program offers a range of great outings. Join us for these exciting days where you will discover a whole new world! these trips start the new year off in February:

- 4th Feb** - South Coast trip to Wollongong with lunch at the Masters Club
- 18th Feb** - Scenic drive to Dural and lunch at Glenorie RSL Club
- 4th March** - Lane Cove National Park and lunch at North Ryde RSL Club.
- 18th March** - Nurragingy Reserve and lunch at Blacktown RSL Club.
- 1st April** - Pymont Point Park and lunch at Sydney fish Markets.

Look out for our new brochure in the coming year.

Upcoming Music Club Events for 2010

January 28th (at Holdsworth)

Burmese Music with Zarni on Guitar. Presentation on the history of traditional Burmese music.

February 11th (at Chauvel Cinema)

Special Excursion: Chauvel Cinema to see Metropolitan Opera perform Bizet's Carmen. (cost \$24 plus transport)

February 25th (at Holdsworth)

“Sophisticated Ladies” with Eric Scott

Sarah Vaughn, Billie Holiday and more greats from this fabulous era of blues singers.

March 11th (At St Andrew's Cathedral)

A lunchtime concert by some of Sydney's most talented young musicians.

March 25th (At Burger Centre, Randwick)

Celebrate Senior's Week with our friends at Burger Centre who have invited us to celebrate Australian/Jewish music and culture. Food and refreshments will be provided.



Movie Matinee Summer Sizzlers

Escape with a movie.... at Holdsworth Street!

Starting Time of 1pm to 3pm on the 2nd and 4th Wednesday of each month. Our upcoming selections include:

- 27 Jan *The King and I* (1956) - Yul Brenner, Deborah Kerr
 - 10 Feb *South Pacific* (1958) - Rossano Brazzi, Mitzi Gaynor
 - 24 Feb *Chariots of Fire* (1981) - Nicholas Farrell, Nigel Havers
 - 10 Mar *The Apartment* (1960) - Jack Lemmon, Shirley McLaine
 - 24 Mar ***Bride & Prejudice* (2004)** - Aishwarya Rai, Martin Henderson
- Red Carpet Event at Waverley Mill Hill Centre 12pm start!**

Wear your Sari to our
Red Carpet presentation
of a Bollywood movie
event
“Bride & Prejudice”



Tapping Tapas in Manly

Our Saturday Fever program has been in full swing with our last outing to Alahmbra Tapas Restaurant in Manly. It was a perfect spring evening with a great sunset over the harbour, together with a delicious meal of melt in your mouth lamb and chicken cooked in traditional tagines. Later, eye opening Flamenco dancers entertained the crowd with a rousing toe tapping spanish dance. See overleaf for our evening outing program for the new year.



Top : Flamenco dancers entertain our group at Alahmbra Tapas Restaurant in Manly.



Top : Barry, Glen, May and Lorette play the cow bells at Oktoberfest.

Oktoberfest in Morrisset

Hold on to your hats. Another great day was had with the lovely host at Aunty Molly's in Morrisset. With a German theme, complete with schnitzel and apple strudel, our group was entertained thoroughly by Toni McLean and her amazing repertoire. Our driver, Glen, was amongst the few asked to be part of the bell ringing ensemble. Talent notwithstanding, don't give up your day job Glen!

Seniors Week, Friday, 26th March 2010

Following the success of our 2009 Seniors Week Afternoon Tea Party at Vaocluse Bowling Club, we will be holding another fabulous Seniors Week Celebration. On Friday, 26th March, 2010, we will host our special morning tea party-cum-brunch from 11.30am to 1pm. Music and entertainment will be provided by the Woollahra Philharmonic Ensemble (String Quartet) and other exciting and unique performers. The venue for our brunch is yet to be announced so keep the date free and stay tuned for further information on this great annual event.

When Hollywood meets Bollywood!

Special Red Carpet Movie Event

Free Event

Celebrating Seniors Week & Harmony Day

Bollywood comes to the Eastern Suburbs as we present:

"Bride & Prejudice"

A Bollywood remake of the classic Jane Austen's 'Pride & Prejudice'

Live entertainment on the day
Educational talk on history of Bollywood
Refreshments & traditional Indian food
Prizes to be won for the best Indian costume
Followed by the special movie screening...



Wednesday 24th March 2010

12pm to 3pm

at Waverley Seniors Centre (Mill Hill Centre)
Ground Floor, 31-33 Spring St, Bondi Junction



Transport available!

To book your place contact Sarah on 9302 3600

2010 Year of Celebrating Diversity

Forthcoming Discovery Tours – (Day Program)

 **Please note this program is for Active and Independent seniors**

Friday 29th January – Berry Bonanza

Stop at the Bulli lookout on route to Mananga Homestead, recognised as a significant historic building by the National Trust. Our gracious volunteer, Hania will guide you on the fascinating history of her beautiful home and make us tea and scones. Luncheon at Coolangatta Estate. Soak up the history, ambience and superb cuisine of this historic winery. **Price \$50.00**



Friday 26th February – Gardens and Art at Gosford

Visit the latest exhibition (to be advised later) on a visit to the Regional Gallery and Arts Centre located in picturesque East Gosford. Enjoy lunch at the Caroline Bay Brasserie and afterwards join your guide for a guided walk through the Edogawa Commemorative Japanese Garden. This relaxing and cultural outing will feed your soul and invigorate your mind. **Price \$45.00**

Friday 19th March –Tanglin Lodge Alpacas

Join us for a special day amongst these beautiful creatures. Indulge yourself and enjoy our “Alpaca Splendour” for just a few hours and see why alpaca breeders are so besotted. Morning tea, a home cooked BBQ lunch and a fascinating alpaca talk is included in this wonderful day out on the farm. **Price \$45.00**



Forthcoming Saturday Fever Tours – (Night Program)

Friday, 8th January – Caminetto & Markets



Travel to the historic Rocks area and discover this unique Italian courtyard Restaurant. Enjoy a delicious dinner and sit and relax in the European ambience and be entertained by traditional Italian musicians. Before heading home, enjoy a stroll around the Rocks “Markets by Moonlight”. Licensed. **Price \$55.00**

Saturday, 6th February – Chinese New Year

Travel to the city for this spectacular Chinese cultural experience. Enjoy a sumptuous banquet menu at the famous Marigold Chinese restaurant in Chinatown. See the beautiful colour and decorations put on for Chinese New Year. Be prepared for a evening of cultural insight. Licensed. **Price \$55.00**



Saturday, 13th March – Taste of Brazil

Get ready to go to Rio! Join us for this exotic Carnivale of entertainment, dance and a delicious Brazilian banquet. Feast on traditional Brazilian feijoada, and taste other delicious dishes from South America. Sample a refreshing Caipirinha, if you dare, whilst you watch a full length, live Carnivale show. Licensed. **Price \$55.00**

Holdsworth Community Centre - “The heart of Woollahra”

Want to have a say in what we do here at the Holdsworth Community Centre for activities and programs? Help plan future activities, trips, and parties. Everyone’s input is important! Please drop - in or give us a call at the office! Holdsworth Community Centre & Services, 64 Holdsworth St. Woollahra. Ph: 02 9302 3600. Visit us at <http://www.holdsworth.org.au>