



HOLDSWORTH

Community Centre & Services

PLAYGROUP!

We offer a dynamic and vibrant Playgroup operating on weekday mornings during school terms. We have a well-equipped playground with fixed and soft climbing equipment, sandpit, ride-on cars, water play in hot weather and a craft corner. There are additional activities to engage parents and children in creative play. Our children's services are inclusive and welcoming to all young children but we have additional services for families who have a child with disabilities. We offer referral services for support and assistance that may be offered elsewhere or by one of our partner organisations.

**Holdsworth Community Centre
64 Holdsworth Street, Woollahra**

Activities

Baby Days

Baby Days for parents/carers and babies are held Tuesdays, Wednesdays and Thursdays during Playgroup and with trained staff. We have talks on relevant subjects several times a term. Ask about upcoming talks.

Story Time with the Librarian

First Tuesday of each month from 10:30 to 11:00 during Playgroup terms.

Sports Fundamentals

This sports activity group for children two and a half and over is provided at no cost to families. Once a week on a rotating schedule of Mondays, Wednesdays and Fridays - see calendar

Craft

Assisted by our great volunteers we have a craft table outside with playdough, painting or other creative fun with paper, cardboard and glue.

Children Are People Too

This series of presentations provides information and practical activities to guide children using alternatives to rewards or punishments and is aimed at teaching children self-control skills so that they can act thoughtfully. Ask about booking for the next series of classes 9302 3600

Triple P Courses

Triple P is a programme for parents of 2-10 year olds run by an accredited trainer from Sydney Children's Hospital. The aim is to provide parents with management strategies, which make parenting easier and more enjoyable. Dates for the next program and any one-off seminars are on the term calendar. Enquiries and bookings to Gordana Kokanovic on 9382 0926.

**Visit www.holdsworth.org.au
or call 9302 3600 for more information, or just drop in!**

