

Your Rights

You have the right to:

- Be treated with respect and dignity
- Complain or express concern about a service without fear of losing the service or of suffering recrimination
- Have your complaints dealt with fairly and promptly
- Be represented by an advocate of your choice
- Be informed about what other services are available
- Choose what you want to do
- Privacy and confidentiality
- View any personal information held by Holdsworth

Your Responsibilities:

- You should act in a way that respects other people
- Let Holdsworth know if you have to cancel
- Let Holdsworth know if there is a change to your health or circumstances

This is an exciting new service for Holdsworth. Our trained staff are brilliant at what they do and look forward to enjoying themselves with you.

We hope to see you on soon!

Supported by:



home and community care

A JOINT COMMONWEALTH AND STATE/TERRITORY PROGRAM
PROVIDING FUNDING AND ASSISTANCE FOR AUSTRALIANS IN NEED



Holdsworth Community Centre
& Services

64 Holdsworth Street,
Woollahra NSW 2025
Ph: 02 9302 3600

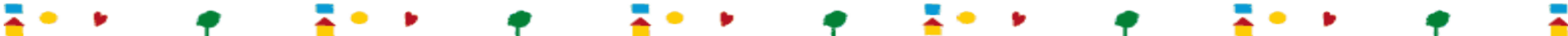
www.holdsworth.org.au

HOLDSWORTH
Community Centre & Services



**Would you like
someone to join you
in the activities you've
always done and
maybe some new
ones?**

Holdsworth can help



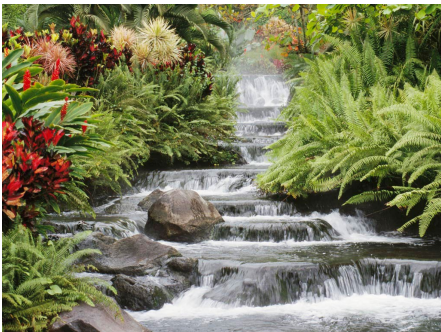
What does Holdsworth do?

Holdsworth provides a series of programs for people who live in Sydney's Eastern Suburbs.

These range from a Playgroup for under 5s, social outings for the elderly and support programs for people with an intellectual disability.

This **new service** pairs up a member of staff with someone who needs help to undertake the activities they used to do but need some help to continue doing them. You can even try out some new activities that may interest you.

This can cover a variety of things. Going fishing, attending a footie game, going to the Opera House, walking in the bush, even something as simple as going for a coffee. It's not Holdsworth staff who decide what you'll be doing, it's up to you!



Who can use the service?

The service is open to anybody under 65 who may have some memory loss and live in Woollahra, City of Sydney, Waverley, Botany and Randwick.

This includes:

- people who may have a physical disability
- people from any cultural background

You can be referred to the service by:

- Yourself
- A Social worker/Case manager
- Any Health professionals
- Your family
- Your doctor

What Happens Next.....

Somebody from Holdsworth will come and see you to discuss what activities you want to do. We will ask you a number of questions to make sure we are aware of your situation so the service we provide is what you want. We would welcome it if you want a member of your family, or somebody else, to be there when we visit.

Our goal is to:

- Maintain independence and quality of life for people living in the community
- Contribute to people's wellbeing
- Respond to people's changing needs
- Assess and to plan people's needs and preferences
- Act as an advocate as required
- Work with other organisations to help people access services they require
- Be responsive to the social, cultural and spiritual needs of each person
- Have fun!

For more information about the service phone 9302 3600 and ask for Irene or Jonathan.

